

## Peer Support

Are you...

- newly diagnosed
- preparing for surgery
- worried about starting treatment
- experiencing post-treatment side effects
- trying to get back to life after cancer

You may find it helpful to talk to a Peer Support Volunteer.



**The Peer Support program is a one-on-one relationship between you and a trained volunteer who has had similar cancer experience.**

Peer support is...

- free and confidential
- usually an over the phone relationship
- available to you at anytime, before, during or after treatment is over
- provided by volunteers who have received training, education and support from the Breast & Gyne Cancer Centre of Hope

### How do I get matched?

Contact us at the Breast & Gyne Cancer Centre of Hope:

Phone: (204) 787-2970 or toll free 1-866-561-1026 ext. 72970

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