



Do you have a new onset of any of the following symptoms: fever/chills, cough, sore throat/hoarse voice, shortness of breath, loss of taste or smell, or vomiting or diarrhea for more than 24 hours?

OR

Do you have a new onset of 2 or more of any of the following symptoms:

runny nose, muscle aches, fatigue, conjunctivitis (pink eye), headache, skin rash of unknown cause, nausea or loss of appetite, or poor feeding (if an infant)?

OR

In the past 14 days, have you:

- Returned from travel outside of Manitoba (excluding travel to Western Canada, the Territories or Ontario west of Terrace Bay) **OR**
- Been in contact with someone that is confirmed to have COVID-19? **OR**
- Had a lab exposure working directly with biological specimens known to contain COVID-19?

If yes to any of the above then sanitize your hands, put on a mask and notify a health-care worker immediately.