



# Notice

## Mental Health Services for Children, Youth and Families

### *Intake Services*

*WRHA Child and Adolescent Mental Health Intake Service at 204-958-9660 or Youth Addictions Centralized Intake at 1-877-710-3999*

## All MATC Services are available

***MATC continues to provide mental health services during this time. In the interest of physical distancing, appointments are available by video-conference, telephone, or in-person as needed.***

*To make a referral for your child or adolescent, call the Intake Service at 204-958-9660.*

*If you are experiencing, or know of someone who is experiencing severe mental health issues, please contact **the Mobile Crisis Team at 204-949-4777** in Winnipeg, or your local mental health service. In case of emergency, call **911**.*

### OUR SERVICES

MATC provides a range of mental health services to children and youth between the ages of 3 to 18 years, who experience psychiatric and/or emotional disorders.

A full continuum of programs and services (community and hospital based) are available to children, youth and their families in Winnipeg, rurally, and in the North.

Services are also coordinated with communities and Federally funded agencies under the Jordan's Principle.

Services are delivered by an inter-professional team consisting of psychologists, psychiatrists, mental health clinicians, family therapists,

nurses, occupational therapists, adolescent mental health counsellors, social workers and Winnipeg School Division #1 Interdivisional Educational Support Services.

Services offered may be provided through the following:

- Assessment
- Consultation
- Individual therapy
- Group therapy
- Family therapy
- Pharmacological therapy
- Parent and family support
- Psycho-educational supports
- Addictions consultation and referral

**To see additional resources, visit us at  
[www.matc.ca](http://www.matc.ca)**