How to Hand Wash

1. Wet hands under warm running water
2. Apply soap and distribute over hands
3. Rub hands together to create a good lather: Palm to palm
4. Rub fingertips of each hand in opposite palm
5. Rub between and around fingers
6. Rub each thumb clasped in opposite hand
7. Rub back of each hand with opposite palm
8. Rinse hands thoroughly under warm running water, pat hands dry with a paper towel
9. Turn off faucet using a paper towel
10. Your hands are now clean