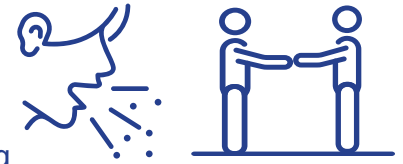


COVID-19 Information for Kidney Patients

People with kidney disease are more at risk of getting COVID-19. Here are tips to protect yourself and those around you:



COVID-19 spreads from person to person through touching, coughing/sneezing or touching objects that have the virus on them and then touching your mouth, eyes or nose.

SYMPTOMS OF COVID-19

Mild Symptoms:

Severe Symptoms:



Cough



Fever



Runny
Nose



Sore
Throat



Weakness



Headache

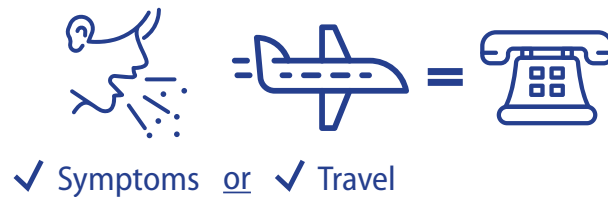
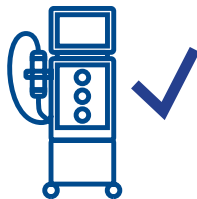


Shortness of Breath
Breathing Difficulties

COMING FOR DIALYSIS/APPOINTMENTS

Coming for every dialysis treatment is the best way to stay **healthy and safe**. Skipping or missing dialysis can lead to getting very sick and needing emergency health care.

- Call Health Links-Info Santé if you have symptoms & returned from travel in the last 14 days: 1-888-315-9257
- Call the renal/dialysis unit if you travelled out of province in the last 14 days or have symptoms before coming to the unit



✓ Symptoms or ✓ Travel

STOP THE SPREAD & PROTECT YOURSELF



Wash hands often (for 20 seconds) or use hand sanitizer



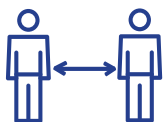
Stay home as much as possible



Avoid touching surfaces in public places



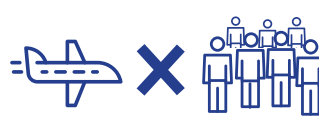
Clean surfaces like phones, doorknobs, counters



Keep 6 feet away from people when possible



Avoid touching your face



Avoid unnecessary travel and groups of people



Cough/sneeze into elbow or use a tissue