Do you have any of the following symptoms:

• Fever or chills (Fever greater than 38° Celsius)
• New cough or an increase in the amount of coughing?
• Sore throat?
• Shortness of breath?
• Headache or unusual headache
• Sore muscles not related to overexertion or exercise

Contact your manager, then take your worker ID and go directly to a testing location for a COVID-19 test.

Once tested, self-isolate at home and contact your local Occupational Health office.