

## Frequently Asked Questions | Non-Essential Travel for Health-care Workers

All health-care workers are reminded that most non-essential travel outside Manitoba (both international and to some domestic locations) remains subject to the requirement to self-isolate for 14 days upon your return.

The following travel is excluded from the Public Health Order:

- Travel outside Manitoba to Western Canada, the Territories and Ontario west of Terrace Bay, provided the individual does not have any of the following:
  - Symptoms of COVID-19;
  - Known exposure to COVID-19;

## Vacation Planning

### 1. How will my request for vacation be assessed during the pandemic?

Previously scheduled vacation time will be honoured unless there is mutual agreement to amend. New requests for vacation time will be reviewed and considered on a case by case basis subject to operational requirements. If vacation plans include out of province travel, employees are strongly encouraged to review and adhere to the current directives in place <https://sharedhealthmb.ca/files/covid-19-staff-reminder-to-self-isolate.pdf>.

## Out of Province Visitors

### 1. Am I required to disclose that I have guests from outside of Manitoba staying in my home?

No. There is no requirement to disclose out of province visitors to your manager.

### 2. What do I need to do if I am going to have family and/or friends from outside of Manitoba staying with me in my house?

Family and/or friends visiting from outside of Manitoba (other than from Western Canada, the Territories or Ontario west of Terrace Bay) are subject to the requirement to self-isolate for 14 days. They should practice physical distancing and self-monitor for symptoms. If the visitor develops symptoms consistent with COVID-19 they should be tested for the virus. If the employee is scheduled to work between the time of testing and the availability of the visitor's test result, the employee should not attend work and should contact Occupational Health. If the traveler is found to be positive, the HCW could be seen as contact and, if so, would be directed by public health to self-isolate. If this were to occur, the employee would be required to contact Occupation Health.

### 3. Will I be required to self-isolate after having visitors stay with me?

The employee should practice physical distancing and monitor themselves for symptoms. If the employee develops symptoms consistent with COVID -19 they should self-isolate, contact Occupational Health, and proceed to a testing site for COVID-19 testing. Once COVID-19 test

results are available the employee must contact Occupational Health regarding the process for ongoing monitoring and return to work after symptoms resolve. This applies to both positive and negative COVID-19 results.

## **Returning to Work After Non-Essential Travel Outside of Manitoba**

### **1. What happens if I travel outside Manitoba?**

If you have travelled to a location outside Manitoba that is subject to the requirement to self-isolate for 14 days, you will be required to contact your manager. Information is located here: <https://sharedhealthmb.ca/files/covid-19-guidelines-for-screening-health-care-worker.pdf>.

### **2. Will I be paid while self-isolating when I return from non-essential travel?**

This time away from the workplace for travel-related self-isolation will be considered as an unpaid leave. However, employees can use their income protection banks, stat bank, or OT bank as available to the extent that those are available.

### **3. What happens if my position is deemed operationally required?**

Self-isolation for 14 days is required upon return from international travel and some domestic locations, however, if your position is deemed operationally required by your manager, you may return to work earlier. Your manager will provide details.

### **4. What happens if my position is not deemed operationally required?**

If your position is not deemed operationally required, your manager will instruct you to self-isolate. Please call Occupational Health Services or designate to inform them that you are doing so. A list of Occupational Health Services and designates is located here: <https://sharedhealthmb.ca/files/occupational-health-contact-information.pdf>.

Please contact Occupational Health Services or designate on the second last day of your self-isolation period (e.g. day 13 of 14) so you can be screened before your return to the workplace.

### **5. What if I travel to another province for only one day?**

Other than the exemptions previously mentioned, this would still be considered non-essential travel to another province and you will be required to self-isolate.