

COVID-19

Manitoba Adolescent Treatment Centre (MATC) Child and Adolescent Mental Health and Youth Addiction Services

MATC provides a range of mental health services to children and youth between the ages of 3 and 18 years (and their families) experiencing emotional, behavioural and mental health problems, and their families.

Services include a continuum of both hospital and community-based services. MATC's services continue to provide treatment and assessment services to its clients in community programs through virtual means, including telephone and video. MATC continues to provide inpatient services to those youth requiring this, in accordance with all the public health and Shared Health safety protocols.

All community programs continue to accept new referrals with initial assessment, treatment planning, and intervention being conducted through virtual means (telephone, video). Access to diagnostic assessments including through psychiatric and psychological services remain available through virtual methods.

Centralized Intake Child and Adolescent Mental Health Program and Youth Addiction Centralized Intake Telephone 204-958-9660 or by fax at 204-958-9626

MATC'S Centralized Intake (CI) Service of Child and Adolescent Mental Health Services and the Youth Addiction Centralized Intake service continue to support clients and families during the COVID 19 pandemic.

These services continue to be available via telephone access and fax. Other virtual contact (eg. video contact) may also be used.

Clinicians are available from 8:30 – 4:30 Monday to Friday (except holidays) to assist with issues related to child and adolescent mental health concerns and substance use concerns.

Child and Adolescent Mental Health Services Centralized Intake

Child and Adolescent Mental Health Services Centralized Intake continues to refer children/youth and their families to the appropriate child and youth mental health services at the Manitoba Adolescent Treatment Centre or Health Sciences Centre Winnipeg (HSC).

Clinicians will discuss the child/youth's needs with parents/caregivers/legal guardians, and with consent, will connect with other professionals working with the family. Clinicians will gather information; complete an intake /assessment; make a recommendation for the best approach to the child/youth's care; and refer to the most appropriate service.

Centralized Intake staff are knowledgeable about services available in the community offered by a variety of organizations and will guide families through the referral process.

Youth Addiction Centralized Intake

Phone: 204-958-9692 or toll-free 1-877-710-3999

Youth Addiction Centralized Intake (YACI) offers information, support, service navigation, consultation and referral regarding youth substance use. YACI is staffed with skilled clinicians who have expertise in adolescent mental health and substance use issues.

YACI also offers information and support to parents regarding the Youth Drug Stabilization (Support for Parents) Act. YACI will assist parents/guardians who want help for a young person, exploring the possibility of utilizing the Youth Drug Stabilization Unit as an appropriate intervention.

YACI clinicians will complete a detailed intake and assessment over the phone with youth, parents/caregivers and allied youth professionals. The clinician will make a recommendation for service and assist in accessing the service.

YACI completes all intakes for Manitoba's Youth Drug Stabilization Services.

Rural and Northern Telehealth Service:

Referral forms are available by calling the toll-free intake line at 1-855-413-7855 or 204-958-6267

Rural and Northern Telehealth Service is available to provide virtual mental health support to children and youth (up to 18 years of age) who reside in any of the 63 First Nations communities throughout Manitoba.

Referrals are accepted from health care providers, Child and Family Service agencies, Jordan's Principle providers or any community service provider.

Services include:

1. Urgent mental health support – short term support and treatment
2. Mental health assessments
3. Psychiatric assessment and treatment
4. Ongoing counseling
5. Psychiatric follow up