

## MEMO

**Date:** March 16, 2020  
**To:** All Physicians  
**From:** **Dr. Perry Gray**  
Chief Medical Officer, Shared Health

**Re: How to Safely Don and Doff Personal Protective Equipment (PPE)**

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Correct donning and doffing of PPE is necessary to protect yourself, your colleagues and your patients.

Ensure consistent and correct donning to protect yourself and practice correct doffing to ensure you do not contaminate yourself when removing PPE.

Refer to the following videos for assistance in correctly donning and doffing PPE. Please note, the first relates to the use of N95 respirators during aerosol generating medical procedures (AGMPs). The second relates to the correct use of procedure/surgical masks.

AGMP (Use of N95 respirator): <https://www.youtube.com/watch?v=syh5UnC6G2k>

This video shows the procedure for donning and doffing PPE required for an AGMP.

Note: the video differs in one key point - where there *isn't an anteroom*, staff must doff the face protection and respirator *outside the room*.

This is outlined here (page 13): <https://sharedhealthmb.ca/files/infection-prevention-and-control-learning-booklet.pdf>

Appropriate Donning and Doffing of Procedure/Surgical Mask:

<https://www.wrha.mb.ca/extranet/ipc/ppe-videos.php>

These videos show the procedure for donning, then doffing, appropriate PPE for when not performing an AGMP.

Please remember that Doffing (taking off PPE) is often identified as where a breach occurs and is the riskier for the provider and take additional care.

If you have any feedback, please contact me.