

MEMO

Date: March 23, 2020
To: All Health Care Workers – Physicians & Staff
From: **Dr. Brent Roussin**
Chief Provincial Public Health Officer
Lanette Siragusa, Provincial Lead
Health System Integration & Quality,
Chief Nursing Officer, Shared Health
Re: **COVID-19 – Change in Screening & Testing Criteria**

Public health officials are advising all Manitobans, including health-care providers, to immediately cancel or postpone any non-essential travel. This includes both international travel **and travel within Canada** and extends to all non-essential personal travel.

This restriction on non-essential travel does not include health care workers who live in a neighbouring jurisdiction and travel to Manitoba for work.

Public health officials are further recommending, effective today, that anyone who returns from travel, **including travel within Canada**, should self-isolate and self-monitor for symptoms for 14 days following their return.

If symptoms develop during the 14-day self-isolation or self-monitoring period, Manitobans are directed to contact Health Links - Info Santé at **204-788-8200** or **1-888-315-9257** to determine if testing for COVID-19 should be considered. In cases where testing is not recommended, Manitobans should complete the full 14-day self-isolation period.

This change will have an effect on screening and testing on a **go-forward** basis. Existing tools should continue to be used through March 23, 2020. **Tools are being updated and will be made available for use beginning March 24, 2020** at <https://sharedhealthmb.ca/covid19/providers/>.