Public health officials are now recommending that certain symptomatic patients be tested for COVID-19 regardless of their travel or contact history.

This includes:

- Symptomatic (respiratory symptoms of any severity) health-care workers
- Symptomatic individuals (respiratory symptoms of any severity) who live or work in a remote or isolated community or congregate setting, such as a correctional facility, shelter, long-term care or residential facility, or a remote work camp.

These recommendations are in addition to previous recommendations made by public health officials (March 23, 2020) that the following be tested for COVID-19:

Patients with respiratory (cold/flu) symptoms and who have:

- Had *exposure to a confirmed case of COVID-19 (*Exposure includes attendance at large group settings where someone has been confirmed to have COVID-19.); OR
- Travelled outside Manitoba, including travel within Canada, in the 14 days before onset of illness; OR
- Had lab exposure working with COVID-19 specimens.

Manitobans are directed to contact Health Links - Info Santé at 204-788-8200 or toll-free at 1-888-315-9257 to determine if testing for COVID-19 should be considered.
All Manitobans, including health-care providers, should immediately cancel or postpone any non-essential travel and anyone who returns from travel, including travel within Canada, is required to self-isolate and self-monitor for symptoms for 14 days following their return.