

## MEMO

**Date:** April 9, 2020 **UPDATED**  
**To:** All Health-care Workers – Physicians & Staff  
**From:** **Dr. Brent Roussin**  
Chief Provincial Public Health Officer  
**Lanette Siragusa, Provincial Lead**  
Health System Integration & Quality,  
Chief Nursing Officer, Shared Health  
**Re:** **ARCHIVED MEMO - COVID-19 – Updated Screening & Testing Criteria**

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**NOTE: On April 28, 2020, Manitoba expanded testing criteria to include ALL symptomatic individuals. For the most up-to-date information, please refer to [this memo](#).**

Public health officials have expanded the COVID-19 testing criteria to include symptomatic first responders, including volunteers regardless of their travel or contact history.

Testing of symptomatic first responders, which includes police, firefighters and paramedics, is in addition to the existing testing criteria from [March 26, 2020](#) and [March 23, 2020](#), which remain in place.

COVID-19 testing criteria now includes:

- Symptomatic (respiratory symptoms of any severity) \*first responders, including volunteer first responders (\*first responders include police, firefighters and paramedics);
- Symptomatic (respiratory symptoms of any severity) health-care workers;
- Symptomatic individuals (respiratory symptoms of any severity) who live or work in a remote or isolated community or congregate setting, such as a correctional facility, shelter, long- term care or residential facility, or a remote work camp; AND

Patients with respiratory (cold/flu) symptoms and who have:

- Had \*exposure to a confirmed case of COVID-19 (\*Exposure includes attendance at large group settings where someone has been confirmed to have COVID-19.); **OR**
- Travelled outside Manitoba, including travel within Canada, in the 14 days before onset of illness; **OR**
- Had lab exposure working with COVID-19 specimens.



Criteria for testing will continue to change as Manitoba's response to COVID-19 evolves. We will make every effort to continue to communicate changes.

Manitobans are directed to contact Health Links - Info Santé at **204-788-8200** or toll-free at **1-888-315-9257** to determine if testing for COVID-19 should be considered.

All Manitobans, including health-care providers, should immediately cancel or postpone any non-essential travel and anyone who returns from travel, including travel within Canada, is required to self-isolate and self-monitor for symptoms for 14 days following their return.