



ACCESSING ADDICTIONS TREATMENT DURING COVID-19

ANYONE

WHO IS experiencing serious medical or mental health concerns (agitation, psychosis, suicidal, seizures/delirium) is to call 911 or go directly to the nearest hospital emergency department

WHO IS medically stable, but experiencing urgent mental health concerns (with or without substance use) should call Mobile Crisis Service at 204-940-1781

WHO IS experiencing stable medical and mental health, and would like support in managing their substance use, can use the following options

OPTION #1: RAPID ACCESS FOR ADDICTIONS MEDICINE (RAAM) CLINICS:

RAAM staff can do an assessment and identify if you need to go to detox and/or if you would benefit from addiction medication. RAAM clinics can also help connect you to addictions treatment, a family doctor, mental health & other supports, if needed. **IT IS BEST TO CALL AHEAD TO CONFIRM AN APPOINTMENT TIME. WALK-INS WILL BE ACCOMMODATED, IF POSSIBLE, OR BOOKED FOR A RETURN APPOINTMENT.**

WINNIPEG: Crisis Response Centre, 817 Bannatyne Ave, Tue/Wed/Fri 1:00-3:00 pm, 204-940-2177· River Point hours: at 146 Magnus Monday 1:00-3:00 pm and Thursday 9:30-11:30 am, 204-944-6209 or 1-855-622-6605 (Mon-Fri 8:30 am-4:30 pm)

BRANDON: 7th Street Health Access Centre, 20-7th St, Mon/Tue/Wed 11:00 am-1:00 pm, 204-578-4800 (Monday- Friday 11:00 am-7:00 pm)

SELKIRK: Selkirk Community Health Office, 237 Manitoba Ave, Tuesday 12:30-3:30pm, 204-785-7513 (Mon-Fri 8:30 am-4:30 pm)

THOMPSON:Thompson Clinic, 50 Selkirk Ave (temporary location-call first), Tues 9:30 am-12:00 pm and Wed & Thur 1:00-4:00 pm, 1-866-291-7774 or 204-677-7300 or 204-677-7240 (Mon-Fri 8:30 am-4:30 pm)

OPTION #2: YOU CAN CONNECT DIRECTLY WITH PROVINCIAL & PRIVATE TREATMENT AGENCIES:

CALL:



- Manitoba Addictions Helpline at 1-855-662-6605, or visit www.mbadddictionhelp.ca, to be connected to residential and community based programs in Manitoba
- AFM at 204-944-6289 or 1-866-638-2561 to request an intake assessment which will be done over the phone, usually within 1 day.
- Behavioural Health Foundation (BHF) Women's Program at 204-261-6111 or 1-866-233-2152, and Men/Women/Families' Program at 204-269-3430 or 1-855-447-9212
- Youth can call the toll-free Youth Addictions Centralized Intake line at 1-877-710-3999

OPTION #3: YOU CAN CONNECT DIRECTLY WITH NATIONAL NATIVE ALCOHOL AND DRUG ABUSE PROGRAM (NNADAP) LOCATIONS (MODIFIED SERVICES DURING PANDEMIC; CHECK BACK OFTEN FOR CHANGES):

Native Addictions Council of Manitoba (Pritchard House) 160 Salter St., Winnipeg: 204-586-8395 All programming on hold at this time; no new referrals.

Nelson House Medicine Lodge, Nelson House First Nation: 204-484-2256 or 1-866-836-7125. Providing in-person counselling by appointment, telephone counselling province-wide, 8 week outpatient day program, and alcohol withdrawal management services.

Peguis Al-Care Treatment Centre, Peguis First Nation: 204-645-2666 or 1-877-645-2666. Providing telephone counselling at this time, province-wide (8am-8pm every day)

Sagkeeng Mino-Pimatziwin Family Treatment Centre, Sagkeeng First Nation: 204-367-2172, or 1-866-329-0736P Providing telephone counselling with previous residential participants only (family/youth); no new referrals.

Whiskeyjack Treatment Centre, Norway First Nation area: 204-359-8995. Providing telephone counselling at this time, province-wide (family/youth).

**If you need help from a navigator, try calling your local Indigenous support agency.
For help finding Indigenous agencies, call WRHA Indigenous Health 204-940-8880 or 1-877-940-8880**

