Personal Protective Equipment
Taking it Off in 6 Easy Steps

1. GLOVES
   - remove glove to glove, skin to skin
   - place gloves in garbage

2. GOWN
   - untie neck, then waist
   - hook fingers under opposite cuff; pull over hand
   - use gown-covered hand to pull gown over other hand
   - pull gown off without touching outside of gown
   - roll up inside out
   - place in laundry hamper or garbage as appropriate

3. HANDS
   - clean your hands with hand sanitizer or soap and water

4. EYE PROTECTION
   - remove eye protection by handles and place in reprocessing bin or garbage

5. MASK / N95 RESPIRATOR
   - remove using loops or ties; do not touch mask
   - place in garbage

6. HANDS
   - clean your hands with hand sanitizer or soap and water

Protect yourself - Protect others