Wear It Right - 3M™ VFlex Healthcare N95 Particulate Respirator 1804/1804S & 1805/1805S

1. Inspect the respirator ensuring it’s not damaged, crushed, wet or soiled. Users must be clean shaven prior to donning a respirator.

2. Unfold the respirator by pulling top part (with nosepiece) up and bottom part down so the respirator is open all the way.

3. Place respirator against your face with the bottom under your chin, and the nosepiece across the bridge of your nose.

4. Pull one strap (or both) straps over your head. Eye glasses must be removed prior to putting on and removing the respirator.

5. The bottom strap needs to be positioned around your neck. The top strap needs to be positioned at the crown of your head.

6. Use tabs on side of respirator to further adjust face piece for comfort. Make certain hair, jewelry and clothing are not between your face and the respirator as they will interfere with fit. Make certain respirator is completely opened and edges lay flat against your face.

7. Adjust by pulling bottom edge under chin while holding top edge on nose.

8. Place your fingertips from both hands at the top of the nosepiece. Use both hands to bend the nosepiece to fit snugly against your nose and face. Note: Always use two hands when molding the nose piece. Pinching with one hand may result in improper fit and less effective respirator performance.

9. **User Seal Check**

   - Check the seal of your respirator each time you don a respirator. To check the respirator-to-face seal, place both hands completely over the respirator and exhale. If air leaks around the nose, re-adjust the nosepiece as described in step 8. If air leaks around respirator edges, adjust position of straps and make certain respirator edges fit snugly against the face. If you CANNOT achieve a proper seal, DO NOT enter the contaminated area. See your supervisor.

**Doffing**

Lift off the top strap. Close your eyes and without touching the front of the respirator, slowly lift the bottom strap from around your neck up and over your head. Dispose.

**N95 respirators are required to be worn**

- to provide care to patients on airborne precautions (tuberculosis, measles, chicken pox, severe respiratory infection of unknown origin, ebola, etc.), as outlined in the Infection Prevention and Control Manual.
- when aerosol generating medical procedures (AGMPs) are being performed or for exposure to Particulate Dusts or Mists or Particulate plumes such as electrocautery in specific surgical cases.

**Key Points to Remember**

- Wear the Right Respirator—only wear the make/model/size to which you have been fit tested.
- Respirators are one time use only.
- Users must be clean shaven.
- DO NOT enter the contaminated area if you CANNOT achieve a proper seal.
- Eye glasses must be removed prior to donning and doffing the respirator.